

The areas of activity for telehealth services (domains) are numerous. Addressing these domains within telehealth services can involve the use of a variety of technologies - including interactive television and web-cams, video links, fixed or wireless telecommunication and computing devices (including smart phones and tablets). Services may also involve the use of environmental controllers and apps where these enable access to and/or the sharing of health, well-being or activity related information.

It is important to note that some of the technologies used also provide people with access to a wider range of different kinds of (non-telehealth) services - information, social networks, email, Skype, etc. There is, therefore, an important potential for telehealth services to offer the means of social as well as health and well-being gains among users and carers.

### **Examples of Telehealth Service Domains**

- Activity, behavioural and lifestyle monitoring
- Gait, seizure and falls monitoring
- Health and motivational coaching
- Point of care testing, and support for diagnoses / decision making
- Prompting for medication or therapy adherence
- Provision of health information
- Rehabilitation and (re)ablement
- Responding to 'events'
- Vital signs monitoring
- Etc.

Still under construction